The carnival will be conducted in accordance with IAAF rules except where stated otherwise.

**Entries:** Zone teams may enter three (3) competitors in the track events and (2) in the field events and (2) in the relays.

**Age Groups:** 8 years, 9 years, 10 years, 11 years, 12 years, 13 years. Multi Disability: Junior (8, 9, 10 years) and Senior (11, 12, 13 Years).

**Age Divisions:**
- **Junior:** 8 years, 9 years, 10 years.
- **Senior Relay:** 11, 12, 13 years

A competitor whose significant birthday occurs during the current year is eligible for that age division only. No competitor shall enter more than one age division. Juniors cannot compete in senior events, e.g. relays.

**Multidisability Events:**
Categories: Junior Boys (8, 9, 10 years), Junior Girls (8, 9, 10 years), Senior Boys (11, 12, 13 Years) and Senior Girls (11, 12, 13 Years).
Events: 100m, 200m, 800, Shot Put, Discus and Long Jump.
Competitors need to have at least a provisional classification and to enter on the special form.
All events will be run as multidisability events and placings will be determined by the competitor's time or distance against a percentage of a standard time for that classification.

**PP5 relay** is an open event for schools with an enrolment of less than 54 but more than 25 students. It can be made up of any combination of boys and girls. All children in any relay team must be enrolled in the same school.

**Uniforms/Footwear:** Competitors must compete in their zone team uniform (No Diocesan, Polding or other rep shirts or shorts) and all competitors must compete in footwear in all events.

**Marshalling:** Track and field competitors must report to the marshalling area (after first reporting to their zone team manager) when called for an event. Competitors must inform their team manager of their whereabouts at all times. Please see venue map for correct location of events.

**Field Enclosure:** Only officials and competitors engaged in events may enter the competition arena. When entering the field, care should be taken to ensure no interference to track or field events is caused. Once competitors have been marshalled for an event they shall receive no coaching advice from parents, coaches or team managers.

**Event Program:** Track events will take precedence over field events. Track and field events will be held concurrently. **Note:** If a competitor leaves for a track event – the field event will continue. In high jump events the competitor will jump at the height the bar is, on their return. If a conflict with a track event occurs which requires half the competitors, a break in the field event will be taken until the track event is completed. Competitors and team managers should pay close attention to the announcements for any alterations to program. The carnival convenor reserves the right to alter the order of events.
**Equipment:** Competitors must use the equipment provided – i.e. relay batons, shot put, discus.

**Spikes:** The carnival is conducted on a grass track. *Spikes will not be permitted in the 800 metre events, shot put or discus.*

**Starting:** All Competitors may use either crouch start OR stand up start. Starting Method is “on your mark – set” – gun.

**False Starts:** A competitor causing a false start shall be warned for the first and disqualified for a second breach.

**Official Results:** All timekeeping and judging will be manual.

**Finalists:** Finalists for all 100m and 200m events shall be determined as follows: The first 4 placegetters (of the 6 competitors) in each heat go through to the final. Where finals need to be abandoned, event placings will be determined by the times recorded in the heats earlier in the day.

**High Jump:** NO Competitor will be permitted to attempt the Fosbury Flop without the return of the special form designed and sent for that purpose - completed and signed.

Competitors will have three attempts at each height in rotation. Three successive failures shall exclude a competitor.

Ties shall be decided as follows:
1. The competitor with the lowest number of jumps at the height at which the tie occurs shall be awarded the higher place.
2. If the tie remains, the competitor with the lowest total of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.

**Starting Heights / Rises** (These may be altered at the discretion of the convener).
- **BOYS** Juniors: 0.95m then by 5cm to 1.00m then by 5cm to 1.05m, then at the discretion of the official
- 11 yrs: 1.05m up by 5cm to 1.10m then by 5cm to 1.10m, then at the discretion of the official
- **Senior:** 1.10m up by 5cm to 1.15m then by 5cm to 1.20m, then at the discretion of the official
- **GIRLS** Juniors: 0.90m up by 5cm to 0.95m then by 5cm to 1.00m, then at the discretion of the official
- 11 yrs: 1.00m up by 5cm to 1.05m then by 5cm to 1.10m, then at the discretion of the official
- **Senior:** 1.05m up by 5cm to 1.10 m then by 5cm to 1.15m, then at the discretion of the official

**Long Jump:** Each competitor will have three jumps in rotation. Placings shall be decided according to the best jump from any round. In the event of a tie, the relative placings shall be decided by the next best jump on a count back.

**Shot Put:** Weights Junior 8. 9, 10 years – 2kg., 11 yrs – 2kg., **Senior** (12/13 yrs) – 3kg.
Junior AWD – 2kg., Senior AWD (11 yrs - 2 kg; 12/13 yrs – 3kg)
Each competitor shall have three puts. Placings shall be decided according to the best puts from any round of the competition. In the event of a tie the relative placings shall be decided by the next best put on a count back.
**Discus:** Weights Junior 8, 9, 10 yrs – 500g., 11 yr – 750g., Senior (12/13 yrs) 750g. Junior AWD – 500g, Senior AWD – 750g.

Placings shall be decided according to the best throws from any round of the competition. In the event of a tie the relative placings shall be decided by the next best throw on a count back.

**Relay:**
Lines are marked 10 metres before each take-over zone and the person receiving the baton may stand anywhere within the area, i.e. members of the relay team other than the first runner may commence running not more than 10 metres before the “take-over zone” of 20 metres. The baton changes, however, must take place within the take-over zone. The take-over zone is 10 metres in front and 10 metres behind each starting point.

All runners must remain in their allotted lane until all teams are clear of the change-over area.

If the baton is dropped it shall be recovered by the athlete who dropped it. If it drops out of the team's lane the competitor may leave the lane provided they don't lessen the distance to be covered and no other athlete is impeded.

All children in any relay team must be enrolled in the same school. Competitors must compete in their own age division, including: juniors cannot compete in a senior relay.

**Protests:** All protests must be lodged in writing by the Zone Team Manager, to the Carnival Convenor within 15 minutes after the event after first advising the convener verbally of the impending protest. All protests shall be dealt with by the Disputes Committee – i.e. Carnival Convenor, Diocesan Sport and Health Coordinator and one other – TBA. No correspondence will be entered into with any other person, and no video or photo evidence will be considered.

**Awards:**

- **Participants:** Every competitor will be awarded a Certificate of Participation.
- **Finals:** 1\(^{st}\), 2\(^{nd}\) and 3\(^{rd}\) placegetters, in finals, will be presented with ribbons.

Divisional champions and runners up will be awarded trophies.

Competitors who break records on the day will be recognised (over the PA) and be sent a special certificate via their school soon after the day.

The winning zone team will be awarded the Paddy Dent Shield.

It is much preferred if competitors/teams stay for the presentation – especially divisional champions and runners up.