In the Diocese of Lismore, secondary schools are invited to participate in annual carnivals for Swimming, Cross Country and Athletics. These major events also serve as a selection trial for Lismore Diocesan teams. Children may progress from school level, to Diocesan, to NSW Combined Catholic Colleges (NSW CCC), to NSW All Schools and ultimately to School Sport Australia level.

Secondary school students are also invited to championship days in a number of team sports. Some of these days double up as selection trials for Lismore Diocesan teams that then go on to compete at the NSW CCC level.

Individual trials for positions in some sports may be called at a local Diocesan level or CCC level.