

# SUGGESTION 1: Via Pacific Hwy

**Pacific Hwy** 30 mins  
22.4 km

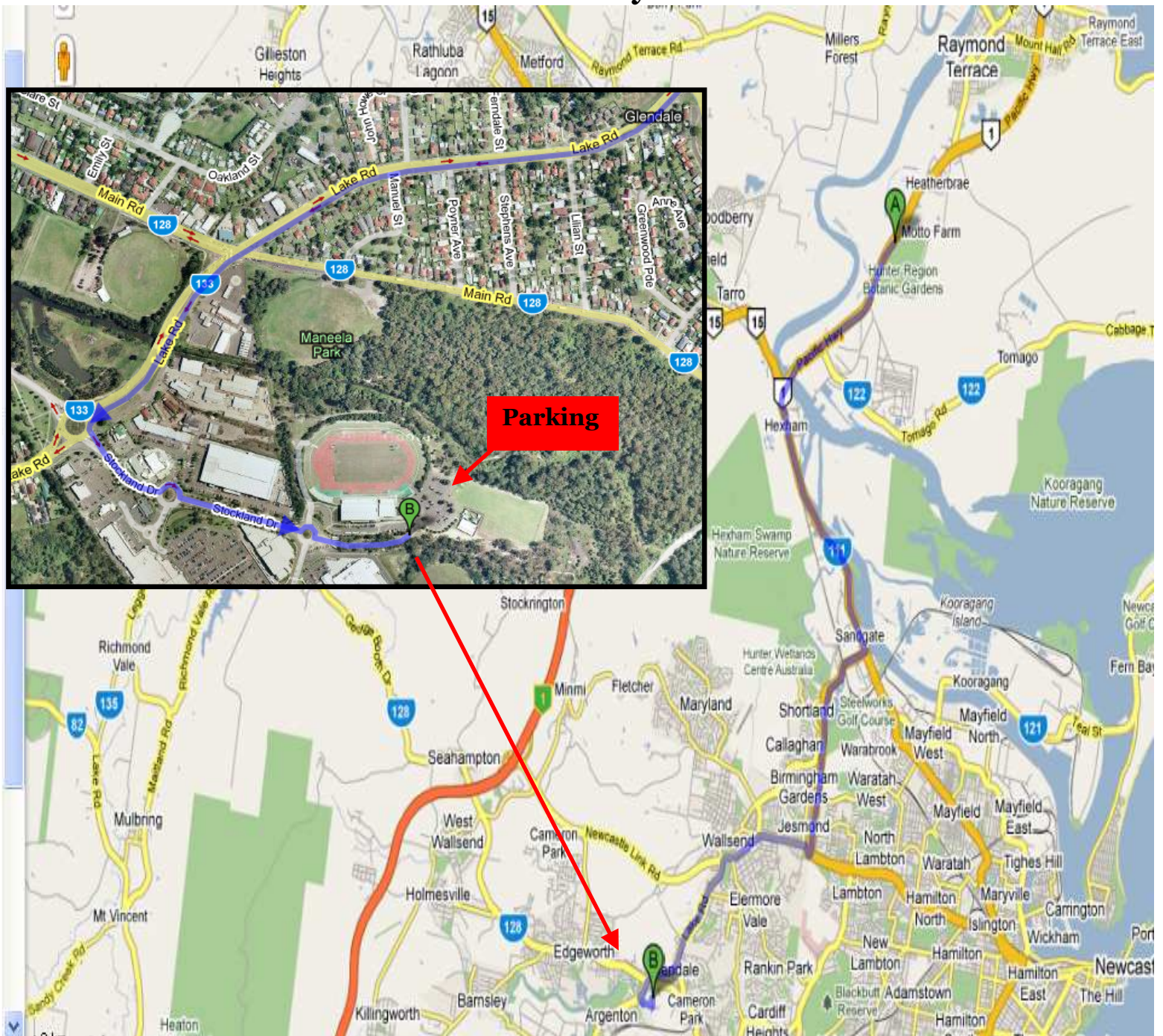
**Sydney Newcastle Fwy** 32 mins  
27.1 km

**A** Pacific Hwy

1. Head **southeast** on **Pacific Hwy** toward **Old Punt Rd** 10.4 km
2. Turn **right** at **Sandgate Rd** 0.3 km
3. Continue on **Wallsend Rd** 0.4 km
4. Continue on **Sandgate Rd** 0.6 km
5. Slight **left** at **Jesmond Bypass Rd** 3.2 km
6. Slight **right** to stay on **Jesmond Bypass Rd** 66 m
7. At the roundabout, take the **2nd** exit onto **Newcastle Rd**  
Go through 1 roundabout 1.7 km
8. At the roundabout, take the **1st** exit onto **Thomas St** 1.2 km
9. At the roundabout, take the **1st** exit onto **Lake Rd** 3.8 km
10. At the roundabout, take the **1st** exit onto **Stockland Dr**  
Go through 1 roundabout 0.5 km
11. At the roundabout, take the **1st** exit 0.2 km

**B** Glendale Sports Centre

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## SUGGESTION 2: Via Sydney-Newcastle Fwy

[Pacific Hwy](#)

22.1 km

30 mins

**Sydney Newcastle Fwy**

26.8 km

**32 mins**

**A** Pacific Hwy

1. Head **southeast** on **Pacific Hwy** toward **Old Punt Rd** 4.2 km
2. Take the ramp on the **right** to **New England Hwy** 0.1 km
3. Turn **right** at **New England Hwy** 4.1 km
4. Continue on **John Renshaw Dr** 1.5 km
5. Slight **left** at **Sydney Newcastle Fwy** 8.6 km
6. Take the exit toward **Newcastle Link Rd** 0.9 km
7. Turn **left** at **Newcastle Link Rd**  
Go through 1 roundabout 2.3 km
8. At the roundabout, take the **2nd** exit onto **Minmi Rd** 2.5 km
9. Turn **left** at **Main Rd** 1.4 km
10. Turn **right** at **Frederick St** 0.6 km
11. At the roundabout, take the **2nd** exit onto **Stockland Dr**  
Go through 1 roundabout 0.5 km
12. At the roundabout, take the **1st** exit 0.2 km

**B** Glendale Sports Centre

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